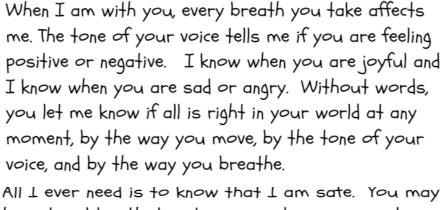
A LETTER FROM YOUR CHILD



Dear Mommy, Daddy, Auntie, Granny, and any or all who are in charge of me:







All I ever need is to know that I am sate. You may have troubles that make you sad or angry and you need to express those things, but when I am with you, I need to know that those things will not make my world come crashing down. When you are stretched to your limit, take a few moments to catch your breath, to talk to someone, to get help in caring for me. When you feel better, I will feel better, and together we can be happy.



I need to be held. I need you to look into my eyes. Sometimes if I am uncomfortable, like when I have a dirty nappy or I'm hungry or someone teased me and hurt my feelings, I might act out and scream or cry, or run away from you. I am still learning to control my emotions. I need you to guide me. I need you to model for me those things that God refers to as virtues: Kindness. Patience. Diligence.

I don't expect that you will be perfect. I only ask that you recognize that I am always watching you and the way you are in this world is largely the way I will become. I want you to be proud of me as I copy you.

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Let's do this one step at a time. When I grow up, I'll be there for you in the way you are there for me now.



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